

My Day

Three dynamic and successful women expert in re-awakening energy, enthusiasm and WOW!

WHY SHOULD I ATTEND?

- **BEcause** too many of us are feeling overwhelmed with the pace of our lives.
- **BEcause** too many of us are feeling tired and listless with no ZING.
- **BEcause** too many of us don't feel we look as good as we can.
- **BEcause** too many of us are feeling stressed and laugh less than ever before

REGISTRATION FORM

NAME

ADDRESS STREET

SUBURB

STATE / POSTCODE

PHONE HOME / WORK

MOBILE

EMAIL

SPECIAL NEEDS (eg dietary, seating, access)

PAYMENT DETAILS

FORM OF PAYMENT MONEY ORDER CHEQUE CREDIT CARD

CREDIT CARD VISA BANKCARD MASTERCARD

NAME ON CARD

CREDIT CARD NUMBER

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SIGNATURE

EXPIRY DATE

TOTAL AMOUNT AUSS\$385

BOOKINGS CLOSE BY 1 SEPTEMBER 2006

TAX RECEIPTS WILL BE PROVIDED

WHEN?

9am to 5pm

Friday 15 September 2006

(then after for drinks & nibbles)

WHERE?

The Sails Room

Lake Hume Resort

WHAT TO BRING?

Energy, humour & an openness to giving yourself time to rejuvenate.

All else provided, including lunch and after workshop drinks & nibbles

Book by sending this form & payment to:

Dynamic Health Solutions

1085 Mate Street

Albury NSW 2640

phone. 02 number to be provided

fax. 02 number to be provided